

# HIP HOP

## WHAT YOU SHOULD EXPECT FROM YOUR CHILD'S DANCE CLASS:

- Jazz is a technical form of dance combining isolations, strength, coordination, and style. Jazz classes combine traditional Broadway style jazz with the ever-changing styles of today. Dancers will learn the traditional jazz vocabulary for many styles of jazz including Broadway, lyrical jazz, contemporary, jazz funk, and commercial styles jazz. The class will focus on developing strength, flexibility, proper alignment, coordination, and technical vocabulary. Students will develop the skills that will allow them to move quickly and think fast. Dancers will learn how to accent the music, use expression and dance with dynamics, musicality, and passion!
- Parents are not permitted in the dance rooms. Once we allow parents in the dance rooms it sets the expectation to young dancers that parents will be in there all the time. Please say a firm good bye to your dancer at the door.
- Dancers should use the restroom before class.
- Dancers must follow the "Dancers Manners"
  - Eyes on the teacher
  - Be a first time listener
  - Keep your hands to yourself
  - Wait your turn
- We will use the same class structure throughout the year and will modify, add, or change activities as the students develop through the year.
- Students will engage in improvisation games and activities during class. Improvisation allows dancers to create their own movement and patterns of movement!
- Students will develop at different rates and level; abilities will vary within a class. Please do not compare your child to others in the class.
- Students will get a stamp on the hand at the end of class for participation. Dancers will get a sticker in the teacher's book for following the dancers manners. (For levels 4 and 5 only)
- Please let us know if your child is having a rough day, in turn we will let you know if your child was having a rough day in class. We want to keep the lines of communication open.

## WHAT SKILLS YOUR CHILD WILL LEARN IN HIP HOP:

- Pointed and flexed feet
- Stretching and Strengthening of the legs and back
- Isolations
- Opposition
- Parallel
- Correct body alignment
- Different ways to move the body
- Jazz square / Box step
- Pivot / Push turn
- Improvisation
- Sharp vs Smooth
- Patterns (high and low)
- Pathways (curvy, straight, zig zag)
- Directions (forward, backward, sideways)
- Movement type (fast, slow, sharp, smooth)
- Action words (wiggle, shake, spin, turn, melt, sway, push, pull, bounce, glide)